

## The Armor of God, written for *Women*



*For the last several years I have sought to fully understand the armor of God. I knew from Ephesians chapter 6, that God was instructing me to put it on, but how ?*

For some reason, I could not get a real vision for its importance, so I never took it very seriously. This hindered my Christian walk for years, *without the armor.*

I am now ready to write about what I have seen and experienced personally, after understanding & obeying the Lord by putting on God's armor.

As I have spoken with ladies, I find that many have emotional pain, disappointment or just general frustration in their lives. The Lord knows how emotional we all are. He knows our needs fully. We have specific needs that *will be fulfilled only* as we learn the principles of the armor & apply them to our lives.

Ephesians, Chapter 6 is a tremendous chapter in the Bible. It begins by giving commands to children, then fathers, followed by servants & masters. All of it is so relevant, so important to our homes, even the part about servants & masters, because it all applies to respecting one another, and respect is important in all our homes. Also, that we should do everything "as unto the Lord" is so important. This too is discussed in this chapter.

In verse ten, the Lord begins to instruct “all brethren”

*That’s us.*

He has some specific instructions for us. He says to “be strong in the Lord, and in the power of His might”.

*But how ?*

He shows us what to do.

The Lord tells us to put on some pieces of armor, not just part of it, but all of it.

(Ephesians 6:11)

*He tells us why.*

“That ye may be able to stand against the wiles (tricks) of the devil.”

He tells us the truth about **what and who** we are really fighting, as we struggle in this world.

**1. Not people.**

**2. We are fighting wicked spirits.**

*“For we wrestle not against flesh and blood (people), but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.” Ephesians 6:12*

*The Lord knows how hard it is for us to resist certain temptations. The armor gives us the ability to resist ! This is what the word withstand means when the Bible says :*

*“Wherefore take unto you the whole armor of God, that ye may be able to withstand (resist) in the evil day...” Ephesians 6:13*

*Now, what are the pieces of the armor ?*

TRUTH (verse 14) .....the belt.

RIGHTEOUSNESS (verse 14).....the breastplate

THE PREPARATION OF THE GOSPEL OF PEACE (verse 15).....hob nailed boots

FAITH (verse 16).....the shield

HELMET OF SALVATION  
(verse 17).....the helmet

THE BIBLE (verse 17).....our sword

These are the 6 pieces we need each day. Each piece gives us a certain protection.

I will briefly explain each piece of armor now, hoping to be as clear as possible. My applications will apply to women. My burden is to help women in their calling to care for their families, or single women with special circumstances, and needs.

May I be completely led of the Lord.

## **Belt of TRUTH**

honesty

Sample prayer for truth in my life:

Lord, keep my mind clear of anything dishonest.

Permeate my thought life with pure and true things.

Guide me into all truth as I serve you. Help me not to exaggerate, but to concentrate on getting the facts straight. You are “The Truth” (John 14:6). I want to be more like You. Guard me from any half-truths or deceitfulness of any kind today. Satan is the Father of lies. Let me be a wonderful example of truthfulness.

## **Breastplate of RIGHTEOUSNESS**

The righteousness of Christ seen in me

Sample prayer for righteousness :

First, Heavenly Father, I thank You for the righteousness of Christ given to me at the time of my salvation. (If you are not yet a Christian, please read the last two pages.) I am changed forever because of You. Thank you for placing me in Christ. You see His righteousness now, and that is what I trust to take me to Heaven .”Thy righteousness is an everlasting righteousness, and thy law is truth.”  
(Ps 119:142) I bless You & thank You for it.

Now Lord, I yearn to make *right* decisions, *right* choices. May I turn from any foolishness to doing what is good and profitable and *right*.  
(Romans 6:11).

With Your strength & blessing Lord, I will show wisdom in my decisions, and discernment. May your righteousness be seen in me.  
I put on the breastplate of righteousness today.

## **Preparation of the Gospel of Peace**

A prepared heart to share the gospel

Sample prayer for a prepared heart to share the gospel :

May Your gospel abide in my heart continuously, reminding me of Your death, burial & glorious resurrection. Thank You for Your love and sacrifice, and victory over death.

May I always be prepared to speak of Your gospel to others.  
(Romans 1:16)

Renew my compassion and love for the lost, that I may reach them  
by Your power, by Your Spirit working through me.  
The fields are white unto harvest, but where the reapers?

I pray to have a *willingness to speak out* for You, a boldness from the Heavenly Father. Thank You for Your gospel of peace. May I live it and give it as you lead.  
I put on my gospel shoes.

## **Shield of FAITH**

Faith that God will work in the circumstances of my life

Sample prayer for faith:

Lord, I put my faith in You at the point of salvation, but there is so much more to faith. I look to You for more faith daily, fresh, living faith. I need faith to face today's challenges. Build my faith. Help me not to be discouraged when there are doubters all around. May my eyes be fixed on You, day by day. Month by month You tell us that without faith it is impossible to please you..

You tell us that "Faith cometh by hearing, and hearing by the Word of God." Deepen my faith by time spent in Your Word. Help me stay focused when I am hearing Your Word preached. You are my faith-builder. Saturate me with

scripture.

You tell us (Ephesians 6:11)

that faith will quench all the fiery darts of the wicked.. This gives me such comfort. Thank You for such a promise ! I am reminded that when I trust You for direction in my life, I can rest assured that I am in the very best of hands.

I can have total faith in You, the Creator of the earth and heavens.

Lord, I am seeing that the more fully I trust You, the greater the blessing.

Lord, I take the shield of faith today with anticipation, with excitement ! I will trust You today.

## **Helmet of Salvation**

A protection for your mind

Sample prayer for protection for my mind :

What a privilege to know You as my Heavenly Father! I am eternally grateful for my salvation. Thank You for faithfully working in my life, pruning and teaching me since that initial step of faith years ago. ( II Tim. 1:9)  
I will not forget to appreciate my salvation from sin.

I realize that the helmet of salvation is given also as a protection for my mind and emotions. Father, as I encounter many situations with my children and husband, protect me from anger, grief, frustration, and all other negative emotions. Help me to think clearly and rationally. Help me react with wisdom. Show me the best way to handle my trials. Please guide me with a quiet confidence, even when I must make big decisions, or correct my children. I trust You today for stability. I ask for victory in my thought patterns.

“O God, the Lord, the strength of my salvation, Thou hast covered my head in the day of battle.” Psalm 140:7

I need that protection daily, sometimes from guilt . Help me not to compare myself with others. (II Cor. 10:12)

Please protect my mind from fear of failure, fear of the unknown, fear of people. Fear is so destructive. Please protect me from fear.

Please clear my mind of any sin that enslaves. Let my thinking be clear and fruitful, so that I may accomplish more in my home.

May I put away worry and all of its territory. May I trust you more.

Come in fully, Lord. May I learn to think godly thoughts.  
Lord, I know this is an area where Satan takes advantage of many women.

“Let the words of my mouth, and the meditation of my heart, be acceptable in Thy sight, O Lord, my strength, and my Redeemer.”  
Psalm 19:14

I reject my old ways. Lord, I commit my thoughts to You.

No grudges, no bitterness or evil of any kind. Now, fill me with the fruit of thy Spirit. (Galatians 5: 22 -23) Thank you for your protection in my thoughts & emotions as I put on the helmet of salvation.

## **The Sword of The Spirit** The Bible

Sample prayer for using the Bible in my life :

Lord, I am so grateful to have the Bible. I know it is very powerful against the enemy. Help me to learn it, and use it as a weapon, and protection in my life. Your Word is my greatest counsel in life. (Psalm 119:133)

It is a two-edged sword. It pierces and convicts my very soul, even as I give it to others. Thank you for teaching me what is right, through Your Word, Lord Jesus. Guide me, guard me. Lead me into Your Word each day. May it become a part of me.

The word of God is quick, and powerful, and sharper than any two edged sword!  
The entrance of thy words give us light!

Thank you for the peace of mind and confidence I experience as I obey You by the reading of Your Word, whether I read a few verses or chapters. I will look for ways to apply the Word of God. (Psalm One)

I will remember my Sword today, as I put on my armor.

**Now, once you have your pieces of armor on, and it really does not have to take very long, begin to pray for God's direction.**

Be watchful and alert. You are in a battle, ladies, and it is becoming more intense all the time. The armor is extremely important to your success. The Lord has told us to "put it on."

The security it will bring, will create more emotional stability, and you will be more wise, more discerning, more like Christ. I will never be the same.

Love, Connie Lindsey

900 Lone Tree Lane

Prairie du Sac, WI 53578

P.S. Please give me your feedback. I would love to hear from you.  
lindseyfamily5@gmail.com



## How To Be Sure You Are A Christian

The armor of God is such a wonderful protection for all of God's people. The Lord knew we would need to talk to Him about each of the six principles the armor covers. This brings a peace to our daily lives.

But, to those who do not know for sure that they really understand God's salvation, this is no help.....something is missing.

I would not want to assume that anyone is truly a Christian. We have biblical examples of people who said or thought they were saved, and in the end they were only religious. For example : Nicodemus in John, Chapter 3. He was very religious. He was a respected leader in his religion. He was sincere, but he was lost in sin. Jesus made that clear when He said "*Marvel not that I said unto thee, ye must be born again.*"

And then there's Judas, who fooled everyone, even the disciples! Judas must have really looked and acted the part of a Christian well. I believe God gave us the example of Judas as a warning that hypocrites filter in everywhere. We must take inventory: Am I really saved ? Or am I just going to church ? Am I just claiming to be a Christian , but not really bearing any fruit in my lifestyle? This is a serious question. The armor will do you no good until this is settled with Christ. "*If any man be in Christ, he is a new creature, old things (including bad attitudes) are passed away, behold, all things are become new.*" (II Cor. 5:17)

The Lord said "*Many will say to Me in that day, "Lord, Lord, have we not prophesied in Thy name, and in Thy name have cast out devils? And in Thy name done many wonderful works? And then will I profess unto them "I never knew you"..... ( Matthew 7:23)*

You can be a really nice person, and do many commendable things, and still not be a Christian. You can fool many people! To know Christ, is to love Him, and because you love Him, you happily serve Him. "*My sheep hear my voice, and I know them, and they follow Me.*" It is to commit spiritual adultery to say you love Christ, and live your life for something or someone else!

**If you are now ready to give your life to Christ, here are some simple instructions :**

1. Admit you are a sinner. You deserve Hell ! *“For all have sinned, and come short of the glory of God.” (Romans 3:23)*

2. Submit to Christ. Be willing to give your “all” to Him. It is all or nothing with Christ

*”For whosoever shall call upon the name of the LORD shall be saved”  
(Romans 10:13)*

Jesus desires to be Lord of your life.

3. Remember this is a matter of the heart. Christ sees your heart. This is your own personal decision. *”For with the heart man believeth unto righteousness, and with the mouth confession is made unto salvation.” (Romans 10:9)*

4. Ask the Lord Jesus to come into your life in His fullness. God sees your heart. Do not trust yourself. Trust Jesus for eternal life. Go ahead, right now, give Jesus your life.

“Heavenly Father, the best I know how, I ask you to come into my life, and save me. I am not worthy of your love. I am a sinner, but I desire to turn from my sin, and trust You right now. Thank you for dying on the cross for my sin and rising again, giving me hope! I lay myself on the altar. Please make me your child. In Jesus Name, Amen”

If you have received Christ as your Lord and Savior, you have passed from death unto Life according to the Bible! (Read John 5:24)

Now that you are truly a Christian, study the book of John, and understand Jesus death on the cross. His perfect blood was shed for you. Salvation is all about Jesus’ life, death and miraculous resurrection! Learn all you can. Follow Him closely, prayerfully.

*Congratulations. Now you can put on God’s armor. You are His child.*

*May 2005*